

CAPACITY BUILDING FOR HEALTH AND MIGRATION IN THE EAST & HORN OF AFRICA REGION

is needed to better serve refugees and internally displaced persons (IDPs). According to UNHCR, the region hosts 5.4 million refugees plus 20.8 million IDPs in 2024.

GOOD MIGRATION GOVERNANCE & HEALTH

The Health and Migration online course is organized by the Center for Health and Migration (CHM), in collaboration with the International Organization for Migration (IOM UN-Migration) and in cooperation with a network of experts and stakeholders. The course contributes to capacity building by

- training professionals working in policy making, program development, and health and social care
- building up a community of health and migration experts
- facilitating the exchange of lived experiences and good practice

„The nexus between Migration and Health calls for collaboration and partnership for action and require capacity building among institutions, stakeholders, and people with lived experience.“

– Dr. Girum Hailu Maheteme, Senior Policy and Partnership Specialist, The Intergovernmental Authority on Development



COURSE ORGANISERS

**CENTER
HEALTH
MIGRATION**

**IOM
UN MIGRATION**

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Mr. Anicet Ndabirinde is an alumnus of the 2023 Health and Migration online course and shared his lived-experience and knowledge as the founder of the Refugee Life Support Network (R.L.S.N). He arrived in Kampala, Uganda as a refugee from Burundi in 2015. With his educational background in Law and Public Administration and Management, he started to engage with refugee health professionals. The Ugandan refugee policy fostering self-reliance offered him the opportunity to build up a service.



- Africa
- East and Horn of Africa region
- Uganda

UGANDA



**45.9 million population
host to 1.7 million refugees (2024)**



**largest refugee-hosting country in Africa
fifth largest globally**



**welcoming refugee policy, providing
them with land and basic services,
and freedom of movement**



THE REFUGEE LIFE SUPPORT NETWORK

is a local NGO led by refugees for refugees, operating in Kampala since 2017. It offers a broad range of services to promote physical and mental health, living conditions, education, and social development for refugees and other vulnerable persons.

- **2,000** patients per year
- **2** refugee volunteer doctors
- **9** doctors from Bethesda Medical Center
- **10** volunteers, providing translation and orientation and coordinating group activities
- **4** refugee nurses trained per year
- **5** promotor, raising awareness, attracting support and encouraging donations



Free medical consultations and financial assistance for medical examinations and medications at partner hospitals

Mental health support and psychological sessions



Community based mental health programs, awareness raising & stigma reduction activities



R.L.S.N. is funded by donations and volunteer work. You can support its work with your donation:

EQUITY BANK
Account name: Refugee Life Support Network
Account number: 1033201073723
Branch: Venus Plaza Plot 14/1
SWIFT Code: EQBLUGKA

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